

HAPPY THANKS GIVING



GROSSMONT-CUYAMACA
COMMUNITY COLLEGE DISTRICT

ENERGY CONSERVATION PROGRAM REMINDER HOLIDAY ENERGY SAVINGS IDEAS

PLEASE DO YOUR PART TO SUPPORT THE ENERGY CONSERVATION PROGRAM!

Sustainability Program Contact Information

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BEFORE THE BREAK:

- Turn off, unplug, or set back energy-using items.
- Clean out & unplug small refrigerators, microwaves, coffee makers, & other small appliances that have a light or (non-vital) clock.
- Turn heating temperatures back to unoccupied set point.
- Close the blinds in your area.

Home Energy Saving Tips to Gobble Up this Thanksgiving

- Lower the thermostat a degree or two before guests arrive. Otherwise, people generate body heat and the space may become wastefully over-heated.
- Allow foods to cool before putting them in the refrigerator.
- Use a “lids on” approach to cooking. Lower the heat & allow food to simmer until fully cooked.
- Monitor your oven preheating time carefully. 5-8 minutes should be long enough. There is no need to preheat for broiling or roasting.